

CARROT APPLE RAISIN SALAD

A Mobile Market Recipe



Makes: 4 Servings

Ingredients:

4-6 carrots

1/2 an apple

2-3 Tbsp. raisins

2 Tbsp. Olive oil (or other cooking oil)

2 Tbsp. Cider vinegar (or lemon juice)

1 Tbsp. Orange juice

1-2 tsp. Brown sugar (or honey)

1/4 tsp. Cinnamon

Pinch of salt

Instructions:

1. Peel the carrots and shred them using a box grater or food processor.
2. Wash the apple, cut it in half, remove the core, and chop into small chunks.
3. In a small bowl, mix together the dressing ingredients.
4. Stir in the shredded carrots, apple and raisins; mix well.

